

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Monday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/2023



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c oatmeal w/ brown sugar 2 ea pancakes (E) 1 ea margarine 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 oz syrup 2 ea sugar pk	2 c oatmeal w/ brown sugar 2 ea pancakes (E) 1 ea margarine 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 oz syrup 2 ea sugar pk	2 ea breakfast sausage patty (E) 1 ½ c oatmeal w/ brown sugar 1 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute	2 ea breakfast sausage patty (E) 1 ½ c oatmeal w/ brown sugar 2 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute	3 oz LS peanut butter(E)(# 12 disher) 2 c oatmeal w/ brown sugar 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	2 oz cheese* (AE)	2 oz cheese* (AE)	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 ea meatloaf patty (E) ¾ c mashed potatoes ½ c cabbage ½ c sweet peas 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified tea 1 c dried beans (AE)	1 ea meatloaf patty (E) 2 c mashed potatoes ½ c cabbage ½ c sweet peas 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified tea 1 c dried beans (AE)	1 ea meatloaf patty (E) ¾ c mashed potatoes ½ c cabbage 1 c sweet peas 1 ea bread ½ c canned fruit ½ oz mustard ½ oz ketchup 1 c fortified tea 1 c dried beans (AE)	1 ea meatloaf patty (E) 1 ½ c mashed potatoes 1 c cabbage ½ c sweet peas 1 ea bread ½ c canned fruit ½ oz mustard ½ oz ketchup 1 c fortified tea 1 c dried beans (AE)	1 c dried beans 2 c oven brown potatoes ½ c cabbage ½ c sweet peas ½ c canned fruit ½ oz margarine (# 60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
6 ea meatballs(E) 2 oz Italian red sauce ¾ c pasta 1 c dried beans ½ c mixed vegetables 2 ea bread 1 ea cake (1/48 cut) 1 c fortified beverage 1 c dried beans (AE)	6 ea meatballs(E) 2 oz Italian red sauce 1 c pasta 1 c dried beans ½ c mixed vegetables 2 ea bread 1 ea cake (1/48 cut) 1 c fortified beverage 1 c dried beans (AE)	6 ea meatballs (E) 2 oz Italian red sauce 1 c pasta ½ c dried beans ½ c mixed vegetables 1 ea bread 1 c fortified beverage 1 c dried beans (AE)	6 ea meatballs (E) 2 oz Italian red sauce 1 c pasta ½ c dried beans ½ c mixed vegetables 1 ea bread 1 c fortified beverage 1 c dried beans (AE)	2 c pasta 1 c dried beans 1 c mixed vegetables ½ c canned fruit ½ oz margarine (# 60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE do not receive gravy, mustard, ketchup)

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, substitute →	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

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Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c oatmeal w/ brown sugar 2 ea pancakes (E) 1 ea margarine 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 oz syrup 2 ea sugar pk	1 c oatmeal w/ brown sugar 2 ea pancakes (E) 1 ea margarine ½ c Citrus Sunrise*** 1 c coffee 1 c breakfast beverage 2 oz syrup 2 ea sugar pk	¾ c scrambled eggs (E) ½ c oatmeal w/ brown sugar 2 ea pancakes (E) 1 oz margarine (#30 disher) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 oz syrup 2 ea sugar pk	1 c oatmeal w/ brown sugar 2 ea pancakes (E) 1 oz LSmargarine (#30 disher) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 oz syrup 2 ea sugar pk	¾ c scrambled eggs (E) ½ c oatmeal w/ brown sugar 3 ea bread 1 oz LSmargarine (#30 disher) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk
No Alternate Entrée	No Alternate Entrée ***can give banana if available	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 ea meatloaf patty (E) ¾ c mashed potatoes ½ c cabbage ½ c sweet peas 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified tea 1 c dried beans (AE)	1 ea meatloaf patty (E) (chopped) ¾ c mashed potatoes ½ c cabbage ½ c sweet peas 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified tea 1 c dried beans (AE)	¾ c ground chicken (E) ½ c rice ½ c cabbage 2 ea bread 1 oz margarine (#30 disher) 1 c fortified tea 3 oz cheese* (AE)	1 ea meatloaf patty (E) 1 c mashed potatoes 1 c cabbage 2 ea bread ½ c canned fruit ½ oz mustard ½ oz ketchup 1 oz LSmargarine (#30 disher) 1 c fortified tea ¾ c dried beans (AE)	¾ c ground chicken (E) ¾ c mashed potatoes ½ c sweet peas 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified tea ¾ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
6 ea meatballs(E) 2 oz Italian red sauce ¾ c pasta 1 c dried beans ½ c mixed vegetables 2 ea bread 1 ea cake (1/48 cut)	6 ea meatballs (E) 2 oz Italian red sauce ¾ c pasta 1 c dried beans ½ c mixed vegetables 1 ea bread 1 ea cake (1/48 cut) 1 c fortified beverage 1 c dried beans (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter 2 oz Italian red sauce ½ c pasta ½ c mixed vegetables 1 oz margarine (#30 disher) 2 ea bread 1 ea cake (1/48 cut) 1 c fortified beverage ¾ c scrambled eggs (AE)	3 ea meatballs (E) 2 oz Italian red sauce ¾ c pasta ½ c mixed vegetables 1 oz LSmargarine (#30 disher) 2 ea bread 1 ea cake (1/48 cut) 1 c fortified beverage ¾ c dried beans (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter 1 c pasta ½ c mixed vegetables 1 oz LSmargarine (#30 disher) 3 ea bread 1 ea cake (1/48 cut) 1 c fortified beverage ¾ c scrambled eggs (AE)

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1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			

MENU SUBJECT TO CHANGE DUE TO
PRODUCTION PROBLEMS, PRODUCT
AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
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**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Tuesday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/2023



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Roosevelt Petithomme, Bureau Chief


 Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
2 ea breakfast sausage patty (E)	2 ea breakfast sausage patty (E)	2 ea breakfast sausage patty (E)	2 ea breakfast sausage patty (E)	3 oz LS peanut butter(E)(# 12 disher)
1 c buttery oatmeal	1 ½ c buttery oatmeal	½ c buttery oatmeal	½ c buttery oatmeal	1 ½ c buttery oatmeal
2 ea bakery biscuits (1/48 ea)	2 ea bakery biscuits (1/48 ea)	1 ea bread	2 ea bread	
½ c Citrus Sunrise	½ c Citrus Sunrise	½ c Citrus Sunrise	½ c Citrus Sunrise	½ c Citrus Sunrise
1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee
1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c vegan breakfast beverage
½ oz jelly (#60 disher)	½ oz jelly (#60 disher)	1 pk diet jelly	2 pk diet jelly	
2 ea sugar pk	2 ea sugar pk	2 ea sugar substitute	2 ea sugar substitute	2 ea sugar pk
2 oz cheese* (AE)	2 oz cheese* (AE)	2 oz cheese* (AE)	2 oz cheese* (AE)	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
3 oz peanut butter & jelly (E) (#12 disher) (E)	3 oz peanut butter & jelly (E) (#12 disher) (E)	2 oz peanut butter & jelly (E) (#16 disher) (E)	2 oz peanut butter & jelly (E) (#16 disher) (E)	3 oz LS peanut butter(E)(# 12 disher)
¾ c potato salad	1 c potato salad	1 c potato salad	1 c potato salad	2 c oven brown potatoes
½ c carrot sticks	½ c carrot sticks	1 c carrot sticks	1 c carrot sticks	1 c carrots
2 ea bread	2 ea bread	2 ea bread	2 ea bread	
1 ea fudge brownie(1/48 cut)	1 ea fudge brownie(1/48 cut)		½ c canned fruit	½ oz margarine (# 60 disher)
1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	½ c canned fruit
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea chicken leg quarter, herbed (E)	1 ea chicken leg quarter, herbed (E)	1 ea chicken leg quarter, herbed (E)	1 ea chicken leg quarter, herbed (E)	
¾ c rice	1 c rice	½ c rice	¾ c rice	2 c rice
1 c BBQ beans	1 c BBQ beans	½ c dried beans	¾ c dried beans	1 c dried beans
½ c mixed vegetables	½ c mixed vegetables	½ c mixed vegetables	½ c mixed vegetables	½ c mixed vegetables
1/48 cut sweet cornbread	1/48 cut sweet cornbread	1 ea bread	1 ea bread	
1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	½ c canned fruit
3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher)	½ oz margarine (# 60 disher)
2 ea bread	2 ea bread	2 ea bread	2 ea bread	1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher)	2 T LS peanut butter (#30 disher)	
		2 ea bread	2 ea bread	

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Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, substitute →	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			

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MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Tuesday**

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OPERATION: _____

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FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
2 ea breakfast sausage patty (E)	2 ea breakfast sausage patty (E)(chopped)	¼ c scrambled eggs (E)	¼ c scrambled eggs (E) (#16 disher)	¼ c scrambled eggs (E)
1 c buttery oatmeal	1 c buttery oatmeal	½ c grits	1 c buttery oatmeal	½ c buttery oatmeal
2 ea bakery biscuits (1/48 ea)	2 ea bakery biscuits (1/48 ea)	2 ea bread	2 ea bread	3 ea bread
½ c Citrus Sunrise	½ c Citrus Sunrise	½ c Citrus Sunrise	½ c Citrus Sunrise	½ c Citrus Sunrise
1 c coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee
1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage
½ oz jelly (#60 disher)	½ oz jelly (#60 disher)	½ oz jelly (#60 disher)	2 oz jelly (#16 disher)	1 oz jelly (#30 disher)
2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk
		1 oz margarine (#30 disher)	1 oz LS margarine (#30 disher)	1 oz LS margarine (#30 disher)
2 oz cheese* (AE)	2 oz cheese* (AE)	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
3 oz peanut butter & jelly (#12 disher) (E)	3 oz peanut butter & jelly (#12 disher) (E)	¼ c ground chicken (E)	2 oz peanut butter & jelly (#16 disher) (E)	3 oz peanut butter & jelly (#12 disher) (E)
¾ c potato salad	¾ c oven brown potatoes	½ c rice	¾ c potato salad	¾ c potato salad
½ c carrot sticks	½ c cooked carrots	½ c cooked carrots	½ c carrot sticks	½ c carrot sticks
2 ea bread	2 ea bread	2 ea bread	2 ea bread	2 ea bread
1 ea fudge brownie(1/48 cut)	1 ea fudge brownie(1/48 cut)	1 oz margarine (#30 disher)	½ c canned fruit	½ c canned fruit
1 c fortified tea	1 c fortified tea	1 ea fudge brownie(1/48 cut)	1 c fortified tea	1 c fortified tea
No Alternate Entrée	No Alternate Entrée	1 c fortified tea	No Alternate Entrée	No Alternate Entrée
		¼ c scrambled eggs (AE)		
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea chicken leg quarter, herbed (E)	1 ea chicken leg quarter, herbed(E) chopped	¼ c pulled poultry thigh (E) OR deboned chicken leg quarter	¼ c pulled poultry thigh (E) OR deboned chicken leg quarter	¼ c pulled poultry thigh (E) OR deboned chicken leg quarter
¾ c rice	¾ c rice	½ c rice	1 c rice	¾ c rice
1 c BBQ beans	1 c BBQ beans	½ c mixed vegetables	½ c mixed vegetables	½ c mixed vegetables
½ c mixed vegetables	½ c mixed vegetables	2 ea bread	2 ea bread	3 ea bread
1/48 cut sweet cornbread	1/48 cut sweet cornbread	1 oz margarine (#30 disher)	1 oz jelly (#30 disher)	1 oz LS margarine (#30 disher)
1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 oz LS margarine (#30 disher)	1 c fortified beverage
3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher)	¼ c scrambled eggs (AE)
2 ea bread	2 ea bread	2 ea bread	2 ea bread	

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Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
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**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Wednesday**

MONTH OF _____
OPERATION: _____

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Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c buttery oatmeal w/ brown sugar 2 ea streusel coffee cake (E) (1/48 ea) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	2 c buttery oatmeal w/brown sugar 2 ea streusel coffee cake (E) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	1/3 c scrambled eggs (E) 1 1/2 c buttery oatmeal w/brown sugar 1 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute	1/3 c scrambled eggs (E) 1 1/2 c buttery oatmeal w/brown sugar 2 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute	3 oz LS peanut butter (# 12 disher) 2 c buttery oatmeal w/brown sugar 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1/2 c sloppy joe (E) 1/2 c corn 1 c dried beans 1/2 c green beans 2 ea bread 1 c fortified tea 1 c dried beans (AE)	1/2 c sloppy joe (E) 1 c corn 1 c dried beans 1/2 c green beans 2 ea bread 1 c fortified tea 1 c dried beans (AE)	1 c sloppy joe (E) 1/2 c corn 1 c dried beans 1/2 c green beans 1 ea bread 1 c fortified tea 1 c dried beans (AE)	1 c sloppy joe (E) 1 c corn 1 c dried beans 1 c green beans 1 ea bread 1 c fortified tea 1 c dried beans (AE)	2 c corn 1 c dried beans 1 c green beans 1/2 c canned fruit 1/2 oz margarine (# 60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 c taco skillet (E) 1 c dried beans 1/2 c broccoli 1/2 c garden salad 2 ea tortillas 1 ea cookie 1/2 fl oz dressing 1 c fortified beverage 3 oz cheese* (AE) 1/4 c rice (AE)	1 c taco skillet (E) 1 1/2 c dried beans 1/2 c broccoli 1/2 c garden salad 2 ea tortilla 1 ea cookie 1/2 fl oz dressing 1 c fortified beverage 3 oz cheese* (AE) 1/4 c rice (AE)	1 c taco skillet (E) 1/2 c dried beans 1/2 c broccoli 1/2 c garden salad 1 ea tortilla 1/2 fl oz dressing 1 c fortified beverage 3 oz cheese* (AE) 1/4 c rice (AE)	1 c taco skillet (E) 1/4 c dried beans 1/2 c broccoli 1/2 c garden salad 1 ea tortilla 1/2 c canned fruit 1/2 fl oz dressing 1 c fortified beverage 3 oz cheese* (AE) 1/4 c rice (AE)	2 c rice 1 c dried beans 1 c broccoli 1/2 c canned fruit 1/2 oz margarine (# 60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

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Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c buttery oatmeal 2 ea streusel coffee cake (E) (1/48 ea) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	1 c buttery oatmeal 2 ea streusel coffee cake (E) (1/48 ea) ½ c Citrus Sunrise*** 1 c coffee 1 c breakfast beverage 2 ea sugar pk	¾ c scrambled eggs (E) ½ c buttery oatmeal 2 ea streusel coffee cake (E) (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz margarine (#30 disher)	1 c buttery oatmeal 2 ea streusel coffee cake (E) (1/48 ea) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz LS margarine (#30 disher)	¾ c scrambled eggs (E) ½ c buttery oatmeal 3 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)
No Alternate Entrée	No Alternate Entrée ***can give banana when available	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c sloppy joe (E) ½ c corn 1 c dried beans ½ c green beans 2 ea bread 1 c fortified tea 1 c dried beans (AE)	½ c sloppy joe (E) ½ c corn 1 c dried beans ½ c green beans 2 ea bread 1 c fortified tea 1 c dried beans (AE)	½ c sloppy joe (E) ½ c pasta ½ c green beans 2 ea bread 1 oz margarine (#30 disher) 1 c fortified tea ¾ c scrambled eggs (AE)	½ c sloppy joe (E) ½ c corn ½ c green beans 2 ea bread ½ c canned fruit 1 oz LS margarine (#30 disher) 1 c fortified tea 2 oz cheese* (AE)	½ c sloppy joe (E) ½ c corn ½ c green beans 2 ea bread ½ c canned fruit 1 c fortified tea ¾ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
1 c taco skillet (E) 1 c dried beans ½ c broccoli ½ c garden salad 2 ea tortillas 1 ea cookie ½ fl oz dressing 1 c fortified beverage 1 c dried beans (AE) ½ c rice (AE)	1 c taco skillet (E) 1 c dried beans 1 c broccoli 2 ea tortillas 1 ea cookie 1 c fortified beverage 1 c dried beans (AE) ½ c rice (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ½ c rice ½ c broccoli 2 ea tortillas 1 ea cookie 1 oz margarine (#30 disher) 1 c fortified beverage 3 oz cheese* (AE)	1 c taco skillet (E) 1 c broccoli 2 ea tortillas 1 ea cookie 1 oz LS margarine (#30 disher) 1 c fortified beverage 3 oz cheese* (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ¾ c rice broccoli 2 ea tortillas 1 ea cookie 1 oz LS margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)

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THERAPEUTIC DIETS
WEEK 1 Thursday**

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Roosevelt Petithomme, Bureau Chief



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Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
¾ c country meat gravy (E) 1 c buttery grits 2 ea bakery biscuits (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk 2 oz cheese* (AE)*	¾ c country meat gravy (E) 2 c buttery grits 2 ea biscuits ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk 2 oz cheese* (AE)	½ c country meat gravy (E) 1 c buttery grits 1 ea bread 1 c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute 2 oz cheese* (AE)	¾ c country meat gravy (E) 1 ½ c buttery grits 2 ea bread 1 c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute 2 oz cheese* (AE)	3 oz LS peanut butter (# 12 disher) 2 c buttery grits ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c tangy BBQ turkey (E) ½ c greens ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea 1 c dried beans (AE)	1 c tangy BBQ turkey (E) 1 c greens ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea 1 c dried beans (AE)	½ c tangy BBQ turkey (E) ½ c greens 1 c carrots 1 ea bread ½ c canned fruit 1 c fortified tea ½ c dried beans (AE)	½ c tangy BBQ turkey (E) ½ c greens 1 c carrots 2 ea bread ½ c canned fruit 1 c fortified tea 1 c dried beans (AE)	2 c oven browned potatoes 1 c dried beans ½ c carrots ½ c greens ½ c canned fruit ½ oz margarine (# 60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea country patty (E) ¾ c pasta 1 c dried beans ½ c cabbage 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	1 ea country patty (E) 1 ½ c pasta 1 c dried beans ½ c cabbage 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	1 ea country patty (E) ½ c pasta ½ c cabbage 1 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	1 ea country patty (E) ¾ c pasta ½ c dried beans ½ c cabbage 1 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	2 c PLAIN pasta 1 c dried beans 1 c cabbage ½ c canned fruit ½ oz margarine (# 60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt and pepper.
Only Vegan diets receive salt and pepper on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

* Cheese as Menu Item

Menu calls for:	Sliced	← OR, → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Thursday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/2023



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief


 Jennifer Murphy, R.D., L.D./N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
¼ c country meat gravy (E) 1 c buttery grits 2 ea bakery biscuits (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	¼ c country meat gravy (E) 1 c buttery grits 2 ea bakery biscuits (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (# 60 disher) 2 ea sugar pk	¼ c scrambled eggs (E) ½ c buttery grits 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (# 60 disher) 2 ea sugar pk 1 oz margarine (#30 disher)	¼ c scrambled eggs (E) (#16disher) 1 c buttery grits 2 ea bread ½ c canned fruit 1 c coffee 1 c breakfast beverage 2 oz jelly (#16disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)	¼ c scrambled eggs (E) 1 c buttery grits 3 ea bread ½ c canned fruit 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)
2 oz cheese* (AE)	2 oz cheese* (AE)	No alternate entrée	No alternate entrée	No alternate entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c tangy BBQ turkey (E) ½ c greens ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea 1 c dried beans (AE)	½ c tangy BBQ turkey (E) ½ c greens ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea 1 c dried beans (AE)	¼ c ground chicken (E) ½ c rice ½ c carrots 2 ea bread 1 ea cookie 1 oz margarine (#30 disher) 1 c fortified tea 3 oz cheese* (AE)	¼ c ground chicken (E) ½ c rice ½ c greens ½ c carrots 2 ea bread 1 ea cookie 1 oz LS margarine (#30 disher) 1 c fortified tea ½ c dried beans (AE)	¼ c ground chicken (E) ¼ c rice ½ c greens ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea ¼ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea country patty (E) ¾ c pasta 1 c dried beans ½ c cabbage 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	3 oz country patty (E) (chopped) ¾ c pasta 1 c dried beans ½ c cabbage 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)	¼ c pulled poultry thigh (E) OR deboned chicken leg quarter ½ c pasta ½ c cabbage 2 ea bread 1 oz margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)	3 oz country patty (E) ½ c pasta 1 c cabbage 2 ea bread 1 oz LS margarine (#30 disher) ½ c canned fruit ½ oz mustard ½ oz ketchup 1 c fortified beverage 2 oz peanut butter (AE) (#16 disher)	3 oz country patty (E) ¾ c pasta ½ c cabbage 3 ea bread 1 oz LS margarine (#30 disher) ½ c canned fruit ½ oz mustard ½ oz ketchup 1 c fortified beverage ¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
 (E) Denotes Entree
 (AE) Denotes Alternate Entree
 (AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Friday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/2023



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
½ c scrambled eggs (E) 1 c buttery oatmeal	½ c scrambled eggs (E) 1 ½ c buttery oatmeal	½ c scrambled eggs (E) ½ c buttery oatmeal	½ c scrambled eggs (E) ½ c buttery oatmeal	3 oz LS peanut butter (# 12 disher) 1 ½ c buttery oatmeal
2 ea tortillas ½ c Citrus Sunrise 1 c coffee 1 oz shredded cheese* 1 c breakfast beverage 2 ea sugar pk	2 ea tortillas ½ c Citrus Sunrise 1 c coffee 1 oz shredded cheese* 1 c breakfast beverage 2 ea sugar pk	2 ea tortillas ½ c Citrus Sunrise 1 c coffee 1 oz shredded cheese* 1 c breakfast beverage 2 ea sugar substitute	2 ea tortillas ½ c Citrus Sunrise 1 c coffee 1 oz shredded cheese* 1 c breakfast beverage 2 ea sugar substitute	½ c Citrus Sunrise 1 c coffee 1 c coffee 1 c breakfast beverage 2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 ea buffalo chicken patty (E)	1 ea buffalo chicken patty (E)	1 ea buffalo chicken patty (E)	1 ea buffalo chicken patty (E)	1 c dried beans
¾ c pasta salad ½ c shredded lettuce 2 ea bread	2 c pasta salad ½ c shredded lettuce 2 ea bread	½ c pasta salad ½ c shredded lettuce 2 ea bread	1 ½ c pasta salad ½ c shredded lettuce 2 ea bread	2 c pasta 1 c shredded lettuce
½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese* (AE)	½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese* (AE)	½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese* (AE)	½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese* (AE)	1 ea fresh fruit ½ oz margarine (# 60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea fish patty (E) 1 c cheesy grits ½ c green beans 1 c dried beans 2 ea bread 1 ea cake (1/48 cut) ½ fl oz tartar sauce 1 c fortified beverage 1 c dried beans (AE)	3 oz fish patty (E) 1 ½ c cheesy grits ½ c green beans 1 c dried beans 2 ea bread 1 ea cake(1/48 cut) ½ fl oz tartar sauce 1 c fortified beverage 1 c dried beans (AE)	3 oz fish patty (E) ½ c cheesy grits ½ c green beans 1 ea bread ½ fl oz tartar sauce 1 c fortified beverage 1 c dried beans (AE)	3 oz fish patty (E) ½ c cheesy grits ½ c green beans 1 ea bread ½ c canned fruit ½ fl oz tartar sauce 1 c fortified beverage 1 c dried beans (AE)	1 c dried beans 2 c PLAIN GRITS 1 c green beans ½ c canned fruit ½ oz margarine (# 60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____

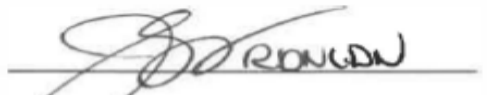
**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Friday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/2023



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
½ c scrambled eggs (E) 1 c buttery oatmeal 2 ea tortillas 1 oz shredded cheese* ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk	½ c scrambled eggs (E) 1 c buttery oatmeal 2 ea tortillas 1 oz shredded cheese* ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk	¾ c scrambled eggs (E) ½ c buttery oatmeal 2 ea tortillas 1 oz shredded cheese* ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz margarine (#30 disher)	½ c scrambled eggs (E) 1 c buttery oatmeal 2 ea tortillas ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 oz jelly (#16 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)	¾ c scrambled eggs (E) ½ c buttery oatmeal 2 ea tortillas ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 ea buffalo chicken patty (E) ¾ c pasta salad ½ c lettuce 2 ea bread ½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese* (AE)	1 ea buffalo chicken patty (E) (chopped) ¾ c pasta ½ c squash 2 ea bread ½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese* (AE)	¾ c ground chicken (E) ½ c pasta ½ c squash 2 ea bread 1 oz margarine (#30 disher) ½ oz mayonnaise ½ oz mustard 1 c fortified tea 3 oz cheese* (AE)	¾ c ground chicken (E) (#16 disher) ½ c pasta salad ½ c lettuce 2 ea bread ½ oz mayonnaise 1/3 oz mustard 1 c fortified tea 3 oz cheese* (AE)	¾ c ground chicken (E) ¾ c pasta salad ½ c lettuce 2 ea bread ½ oz mayonnaise ½ oz mustard 1 c fortified tea ¾ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea fish patty (E) 1 c cheesy grits ½ c green beans 1 c dried beans 2 ea bread 1 ea cake (1/48 cut) ½ fl oz tartar sauce 1 c fortified beverage 1 c dried beans (AE)	1 ea fish patty (E) chopped 1 c cheesy grits ½ c green beans 1 c dried beans 2 ea bread 1 ea cake (1/48 cut) ½ fl oz tartar sauce 1 c fortified beverage 1 c dried beans (AE)	3 oz fish patty (E) ½ c cheesy grits ½ c green beans 2 ea bread 1 ea cake (1/48 cut) ½ fl oz tartar sauce 1 oz margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)	3 oz fish patty (E) ¾ c cheesy grits ½ c green beans 2 ea bread 1 ea cake (1/48 cut) ½ fl oz tartar sauce 1 oz jelly (# 30 disher) 1 oz LS margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)	3 oz fish patty (E) ¾ c cheesy grits ½ c green beans 3 ea bread 1 ea cake(1/48 cut) ½ fl oz tartar sauce 1 oz LS margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____

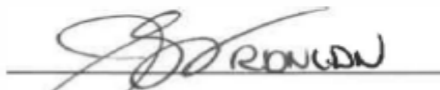
**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Saturday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/2023



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c bran flakes cereal 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	1 ½ c bran flakes cereal 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	½ c scrambled eggs (E) 1 ½ c bran flakes cereal 1 ea bread ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute	½ c scrambled eggs (E) 1 ½ c bran flakes cereal 2 ea bread ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute	3 oz LS peanut butter (# 12 disher) 2 c buttery oatmeal ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c southern BBQ (E) ¾ c rice 1 c dried beans ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea 1 c dried beans (AE)	½ c southern BBQ (E) 1 ½ c rice 1 c dried beans ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea 1 c dried beans (AE)	½ c southern BBQ (E) ½ c rice 1 c dried beans ½ c carrots 1 ea bread 1 c fortified tea 1 c dried beans (AE)	½ c southern BBQ (E) 1 c rice 1 c dried beans ½ c carrots 1 ea bread 1 c fortified tea 1 c dried beans (AE)	2 c rice 1 c dried beans ½ c carrots ½ c canned fruit ½ oz margarine (# 60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea chicken sausage patty (E) ½ c BBQ beans ½ c mixed vegetables ½ c creamy coleslaw 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c BBQ beans (AE)	1 ea chicken sausage patty (E) 1 ½ c BBQ beans ½ c mixed vegetables ½ c creamy coleslaw 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c BBQ beans (AE)	1 ea chicken sausage patty (E) ½ c mixed vegetables ½ c creamy coleslaw 1 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans(AE)	1 ea chicken sausage patty (E) 1 c mixed vegetables 1 c creamy coleslaw 1 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c dried beans (AE)	2 c pasta 1 c dried beans (AE) 1 c mixed vegetables ½ c canned fruit ½ oz margarine (# 60 disher) 1 c fortified beverage
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher) 2 ea bread	2 T LS peanut butter (#30 disher) 2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, → substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____

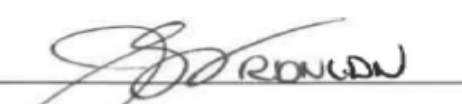
**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Saturday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/2023



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c bran flakes cereal 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	1 c bran flakes cereal 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	¾ c scrambled eggs (E) ½ c grits 2 ea blueberry muffin square (E) (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz margarine (#30 disher)	1 c bran flakes cereal 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz LS margarine (#30 disher)	¾ c scrambled eggs (E) ½ c bran flakes cereal 3 ea bread ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 1 oz jelly (#30 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c southern BBQ (E) ¾ c rice 1 c dried beans ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea 1 c dried beans (AE)	½ c southern BBQ (E) ¾ c rice 1 c dried beans ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea 1 c dried beans (AE)	½ c southern BBQ (E) ½ c rice ½ c carrots 2 ea bread 1 ea cookie 1 oz margarine (#30 disher) 1 c fortified tea 3 oz cheese* (AE)*	½ c southern BBQ (E) ¾ c rice ½ c carrots 2 ea bread 1 ea cookie 1 oz LS margarine (#30 disher) 1 c fortified tea ¾ c dried beans (AE)	½ c southern BBQ (E) ¾ c rice ½ c carrots 2 ea bread 1 ea cookie 1 c fortified tea ¾ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea chicken sausage patty (E) ½ c BBQ beans ½ c mixed vegetables ½ c creamy coleslaw 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c BBQ beans (AE)	1 ea chicken sausage patty (E) (chopped) ½ c BBQ beans ½ c mixed vegetables ½ c creamy coleslaw 2 ea bread ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c BBQ beans (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ½ c pasta ½ c mixed vegetables 2 ea bread ½ oz mustard ½ oz ketchup 1 oz margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)	1 ea chicken sausage patty (E) ¾ c pasta ½ c mixed vegetables ½ c creamy coleslaw ½ c canned fruit 2 ea bread ½ oz mustard ½ oz ketchup 1 oz LS margarine (#30 disher) 1 c fortified beverage 2 oz peanut butter (# 16 disher) (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ¾ c pasta ½ c mixed vegetables ½ c canned fruit 3 ea bread 1 oz LS margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

* Cheese as Menu Item

Menu calls for:	Sliced	OR, substitute	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Sunday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/2023



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
½ c scrambled eggs (E) 1 c buttery grits 2 ea bran muffin square (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	½ c scrambled eggs (E) 2 c buttery grits 2 ea bran muffin square (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	½ c scrambled eggs (E) 1 ½ c buttery grits 1 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 pk diet jelly 2 ea sugar substitute	½ c scrambled eggs (E) 2 c buttery grits 2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 pk diet jelly 2 ea sugar substitute	3 oz LS peanut butter (#12 disher) 2 c buttery grits ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entree	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c sloppy joe (E) ¾ c mashed potatoes 1 c baked beans ½ c coleslaw vinaigrette 2 ea bread 1 c fortified tea 1 c baked beans (AE)	½ c sloppy joe (E) 1 ½ c mashed potatoes 1 c baked beans ½ c coleslaw vinaigrette 2 ea bread 1 c fortified tea 1 c baked beans (AE)	½ c sloppy joe (E) ¾ c mashed potatoes 1 c dried beans ½ c coleslaw vinaigrette 1 ea bread ½ c canned fruit 1 c fortified tea 1 c baked beans (AE)	½ c sloppy joe (E) ¾ c mashed potatoes 1 c dried beans ½ c coleslaw vinaigrette 2 ea bread ½ c canned fruit 1 c fortified tea 1 c baked beans (AE)	2 c oven brown potatoes 1 c dried beans ½ c cabbage ½ c canned fruit ½ oz margarine (# 60 disher) 1 c fortified tea
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea pepper chicken patty (E) ¾ c pasta salad ½ c shredded lettuce 2 ea tortillas 1 ea cookie ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz cheese* (AE)	1 ea pepper chicken patty (E) 1 ½ c pasta salad ½ c shredded lettuce 2 ea tortillas 1 ea cookie ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz cheese* (AE)	1 ea pepper chicken patty (E) ¾ c pasta salad ½ c shredded lettuce 2 ea tortillas 1 ea fresh fruit ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz cheese* (AE) H.S. Snack 2 T LS peanut butter (#30 disher) 2 ea bread	1 ea pepper chicken patty (E) ¾ c pasta salad ½ c shredded lettuce 2 ea tortillas 1 ea fresh fruit ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz cheese* (AE) H.S. Snack 2 T LS peanut butter (#30 disher) 2 ea bread	1 c dried beans 2 c pasta ½ c lettuce ½ c canned fruit ½ oz margarine (# 60 disher) 1 c fortified beverage

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, substitute →	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			


MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

FACILITY OR
INSTITUTION NAME: _____


**STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Sunday**

MONTH OF _____
OPERATION: _____

Effective: 10/9/2023



FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief



Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
½ c scrambled eggs (E) 1 c buttery grits 2 ea bran muffin square (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	½ c scrambled eggs (E) 1 c buttery grits 2 ea bran muffin square (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly (#60 disher) 2 ea sugar pk	¾ c scrambled eggs (E) ½ c buttery grits 2 ea bran muffin square (1/48 ea) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 2 ea sugar pk 1 oz margarine (#30 disher)	½ c scrambled eggs (E) 1 c buttery grits 2 ea bran muffin square (1/48 ea) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 oz jelly (# 16 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)	½ c scrambled eggs (E) 1 c buttery grits 3 ea bread 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 oz jelly(#30 disher) 2 ea sugar pk 1 oz LS margarine (#30 disher)
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c sloppy joe (E) ¾ c mashed potatoes 1 c baked beans ½ c coleslaw vinaigrette 2 ea bread 1 c fortified tea 1 c baked beans (AE)	½ c sloppy joe (E) ¾ c mashed potatoes 1 c baked beans ½ c cooked cabbage 2 ea bread 1 c fortified tea 1 c baked beans (AE)	¾ c ground chicken (E) 1 c rice ½ c cooked cabbage 2 ea bread 1 oz margarine (#30 disher) 1 c fortified tea 3 oz cheese* (AE)	½ c sloppy joe (E) ¾ c mashed potatoes ½ c coleslaw vinaigrette 2 ea bread ½ c canned fruit 2 oz jelly (#16disher) 1 oz LS margarine (#30 disher) 1 c fortified tea ½ c scrambled eggs (AE)	½ c sloppy joe (E) 1 c rice ½ c coleslaw vinaigrette 2 ea bread ½ c canned fruit 1 c fortified tea ¾ c scrambled eggs (AE)
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea pepper chicken patty (E) ¾ c pasta salad ½ c shredded lettuce 2 ea tortillas 1 ea cookie ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz cheese* (AE)	1 ea pepper chicken patty (E) (chopped) ¾ c plain pasta ½ c squash 2 ea tortillas 1 ea cookie ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz cheese* (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ¾ c plain pasta ½ c shredded lettuce 2 ea tortillas 1 ea cookie 1 oz margarine (#30 disher) 1 c fortified beverage 6 oz cheese* (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ¾ c pasta salad ½ c shredded lettuce 2 ea tortillas 1 ea cookie 1 oz LS margarine (#30 disher) 1 c fortified beverage 3 oz cheese* (AE)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter ¾ c pasta salad ½ c shredded lettuce 2 ea tortillas 1 ea cookie 1 oz LS margarine (#30 disher) 1 c fortified beverage ¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted
(E) Denotes Entree
(AE) Denotes Alternate Entree
(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item			
Menu calls for:	Sliced	← OR, substitute →	Shredded
1 oz	2 slices *	OR	1/4 c.
2 oz	4 slices *	OR	1/2 c.
3 oz	6 slices *	OR	3/4 c.
* standard ordered size is 1/2 oz. slices			

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES